



Apeldoornseweg 47 6814 BJ Arnhem  
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 KvK-Arnhem nr 09099868 BTW: NL807257084B01

## I-Health Protocols:

| Name:                           | Description:                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
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| 1. CVA                          | <ul style="list-style-type: none"> <li>- Do an EDA to see where the energy gap is greatest;</li> <li>- Do an AFT-scan and press 'Get' in the analysis screen;</li> <li>- Use the chosen AFT-frequency according to the Mussat treatment schedule ( use info-button in beamer and lightpen-screen);</li> <li>- underneath the feet ( begin with 30 seconds during the first time) and at the back of the head ( 1 minute, gradually increasing).</li> <li>- Use the AFT-frequency at the affected limb or at the face for 5 or more minutes;</li> <li>- 2x / week.</li> <li>- Use cicatron with beamer at the region of the CVA.</li> </ul> |
| 2. Benign hypertrophic Prostate | <ul style="list-style-type: none"> <li>- Have the patient sit on the beamer with the beamer as near to the prostate as possible;</li> <li>- The beamer is connected to the soundcard. The volume is set at 100% ( as usual);</li> <li>- Use Emo-Chacratron 1 5- 10 minutes;</li> <li>- Use Prostanotron 5 – 10 minutes;</li> <li>- Use Prostatron 5- 10 minutes;</li> <li>- 2x tot 3x /week, total # 10 has shown very good results;</li> <li>- No measurements required other than 1 time at the beginning and one at the end for documentation.</li> </ul>                                                                               |
| 3. Lower Back Pain              | <ul style="list-style-type: none"> <li>- EDA;</li> <li>- Vertebra Scan;</li> <li>- Use the combination of three signals, i-light when</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |



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|                                     | <p>available, as well as beamer 'Vertebra-signal', The related Emochacratron ( 1 or 2), Renastimutron;</p> <ul style="list-style-type: none"> <li>- Primarily at the vertebra 50% of the treatment time, and secondly on the area of the dermatome when other symptoms require this.</li> </ul>                                                                                                                                                                                                                                                                                       |
| <p>4. Claudicatio and open legs</p> | <ul style="list-style-type: none"> <li>- EDA ( will show lack of energy at lower meridians);</li> <li>- Do AFT-scan and select the appropriate frequency by pressing 'get';</li> <li>- Treat the lower legs with the AFT signal ( beamer attached to the i-health device);</li> <li>- Check that the liver and kidney can cope with the detoxification. May be it is necessary to add Carrot juice or another Vit A for the liver and a herbal tea for the kidney ( or renastimutron directly on the kidneys);</li> <li>- 1x to t2x / week;</li> <li>- Check with Doppler.</li> </ul> |
| <p>5. ME, CFS, Fibromyalgia</p>     | <ul style="list-style-type: none"> <li>- Eda;</li> <li>- Zapsan and use these frequencies for 2 weeks, then do another zapsan and use this. Zap 2x / week.</li> <li>- Check and correct acidity when necessary with baking soda, Megamin, barley grass or the like;</li> <li>- Scans: Sanoscan, weakest meridian scan, Vertebra-scan and treat according to the results with the beamer and the i-light.</li> <li>- The patient should drink enough water. Energize the water with detoxitron and let them take it home.</li> </ul>                                                   |
| <p>6. Scars</p>                     | <ul style="list-style-type: none"> <li>- Make an inventory of the scars;</li> <li>- Do an eda.</li> <li>- Use posttraumatron, emotraumatron when necessary, and lastly but very important: cicatron at the scars.</li> </ul>                                                                                                                                                                                                                                                                                                                                                          |



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|                                                                        | <p>Lightpen as well as with the beamer.</p> <ul style="list-style-type: none"><li>- Check with EDA. Document changes of scars.</li></ul>                                                                                                                                                                                                                                            |
| 7. Allergies                                                           | <ul style="list-style-type: none"><li>- Use the separate protocol (upon request participation in pilot).</li></ul>                                                                                                                                                                                                                                                                  |
| 8. Food intolerances                                                   | <ul style="list-style-type: none"><li>- Do EDA, provocation and another EDA;</li><li>- Give the substance in the patient's hand and do another EDA;</li><li>- Give the next substance, etc.;</li><li>- I often ask the patient just to bring what is in their cupboard and eat regularly.</li><li>- Evaluate by looking at the graphs and the test-results meta-analysis.</li></ul> |
| 9. Herpes infections, flu, and other systemic or intestinal infections | <ul style="list-style-type: none"><li>- Use the zapper.</li></ul>                                                                                                                                                                                                                                                                                                                   |
| 10. Acne (bacterial)                                                   | <ul style="list-style-type: none"><li>- When the lung meridian or lung-meridian and large intestine meridian are out of balance or blocked then use the zapper. (Otherwise it is also hormonal of origin and that is more complicated).</li></ul>                                                                                                                                   |